



We are one of the largest distributors of nutritious food to low-income neighbors

Many neighbors in our community are one job loss or medical crisis away from food insecurity. Foothill Unity Center leads the fight against hunger and poor nutrition in the San Gabriel Foothills through our food distribution, community kitchen and nutrition education programs.



In 2021, after a year and a half of extensive training, our Center earned the prestigious designation of "Nutritious Food Pantry" from the LA Regional Foodbank. We are dedicated to improving the lives and health of our neighbors in need by providing fresh fruits and vegetables.



CLIENT PROFILE

14,430 INDIVIDUALS SERVED

6,873 FAMILIES SERVED

45%

OF FAMILIES ARE NEW TO THE CENTER

100%

OF CLIENTS ARE FOOD INSECURE & LIVE BELOW 200% OF THE FPL

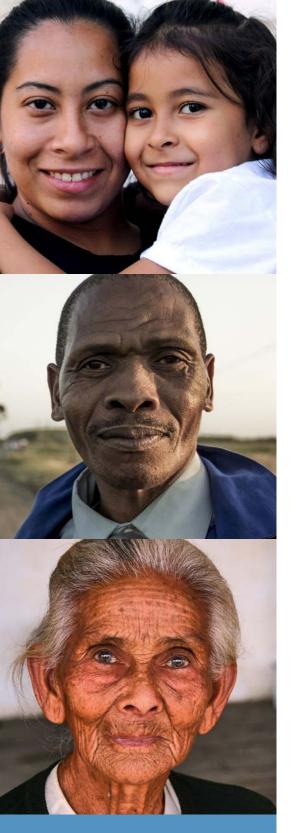
58%

OF CLIENTS LIVE IN
EXTREME POVERTY
(BELOW 50% OF FPL =
FAMILY OF 4 STRUGGLING
WITH LESS THAN \$15,600)

30%OF CLIENTS ARE CHILDREN

23%
OF CLIENTS ARE SENIORS

In 2023, Federal Poverty Level (FPL) for family of 4 = 30,000, family of 1 = 14,580





NEIGHBORS **HELPING** NEIGHBORS

For over 40 Years, Foothill Unity Center has helped individuals and families in need with programs that focus on: Food, Health, Crisis Case Management, Job Development, Housing and Homeless services, supported by our Volunteer Program.

MISSION

We help neighbors in crisis attain self-sufficiency by partnering with the community and using our resources wisely to provide vital support services with love and dignity.

VISION

Foothill Unity Center, Inc., envisions a community where: - All have their basic needs met, including the need to give - All get the necessary support to become self-sufficient - All are treated with love and dignity . . . all the time.

POSITION STATEMENT

Foothill Unity Center, Inc., a federally designated Community Action Agency, is the leading safety net providing food, health services, housing, and employment resources to bridge the gap in times of financial crisis. FUCI serves thousands of families and individuals each year to prevent homelessness before it begins. Through its proven, individualized casemanagement model, breadth of vital community partnerships, and robust volunteer base, FUCI provides the largest, most efficient food distribution in the San Gabriel Valley.

CORE VALUES

Leadership | Empathy | Integrity | Inclusivity | Equality



AMERICORPS VIP SUPERVISING ORGANIZATION

As a partner of CalSERVES, Foothill Unity Center functions as the Supervising Organization that oversees Americorp VIP Fellows at the local level. Complex needs facing our local communities include education, employment, health access, housing, hunger, and wealth inequities. Fellows build capacity by providing support, skills and resources to not only address these needs, but to assure volunteers are successful as they provide service to the community.



COMMITED TO TRANSPARENCY AND ACCOUNTABILITY

Foothill Unity Center is proud to be recognized for our services and our impact on the community. We have received top ratings from charity watch dogs and positive reviews from the community. Accountability and transparency are important to us. Year after year we have been awared with a five-star rating from Great Nonprofits as a top-rated charity, as well as the Platinum Seal of Transparency rating by Guidestar and the highest rating from Charity Navigator.







HOW WE AFFECT CHANGE

HELP

Through programs and services that address basic needs

HOPE

From a responsive and caring community



We are Helping People and Changing Lives!
We are Interconnected, Compassionate and Committed!

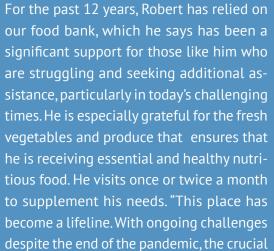


MR. P'S STORY

Ralph, known as Mr. P, endured living in his truck while grappling with a debilitating lung disease that required constant reliance on an oxygen tank. Living in his truck, exposed him to unsafe and unhealthy living conditions. Concerned for his health amidst unpredictable weather, he approached Foothill Unity Center. Guided by his caseworker, Gaby, he gradually embraced the health and housing support process, leading to his successful rehousing in Venice Beach after an 8-month journey. Now with a secure place to keep his oxygen tank, Ralph expresses sincere gratitude, leaving with the words, "A changed attitude will change your altitude."

ANNA'S STORY

Anna and her daughter Molly, were residing in a church while struggling to make ends meet. Their situation improved when they received rehousing assistance through Foothill Unity Center's social services. In Anna's words, "This was a blessing because we really needed housing badly. Living in a church where we were unable to shower and cook, so we had to eat out a lot and wasn't good for us health-wise." After securing housing, their greatly improved living conditions brought a sense of gratitude and relief. "It feels good, I was able to sleep very peacefully last night. It's a new thing. A new beginning for us", says Anna.



support this food bank provides is especially

vital for those who need it the most, who

continue to face hardship."

THE NEED IN OUR COMMUNITY

Food Insecurity

of families are food insecure in LA County 6% higher than in 2022

of LA County families accessed food pantries in 2023, up from 7% in 2022 Reduction in CalFresh benefits in March 2023 Higher cost of food due to inflation

In our 12 city service area:

Average cost of housing in the U.S.

41%

of families pay more than 30% of their income for housing

+32,000

households severely cost burdened, having housing costs that exceed 50% of income

of families pay more than 30% of their income for housing

2023 Homeless Count

75.518

Total Homeless Count, LA County

Unsheltered, LA County

Source: LAHSA and Pasadena CoC, 2023 homeless counts | Foothill Unity Center Community Assessment, 2024-2025 | Food Insecurity in Los Angeles County, July 2023, USC Dorsife Center for Economic and Social Research. Understanding America Study



We are providing access and opportunities, and removing barriers for the low-income and working poor, providing a safety net of services to the disadvantaged to prevent homelessness, and supporting the underserved homeless population. We serve twelve cities along the Foothills of the San Gabriel Valley: Altadena, Arcadia, Azusa, Baldwin Park, Bradbury, Duarte, Irwindale, Monrovia, Pasadena, Sierra Madre, South Pasadena and Temple City.



By Denise Dador Thursday, April 27, 2023

New report finds 1 in 4 LA residents go hungry; food insecurity remains undercounted nationally

University of Southern Californa researchers suggest the government's recent tally on food insecurity in the U.S. may be as much a third higher than the USDA is reporting.



By Cara Murez April 18, 2023

America's 4th Leading Cause of Death: Poverty

"Poverty silently killed 10 times as many people as all the homicides in 2019..." David Brady, University of California professor of public policy.

AP

By Janie Har June 20, 2023

New study says high housing costs, low income push Californians into homelessness

"People are homeless because their rent is too high. And their options are too few. And they have no cushion," said Dr. Margot Kushel, lead investigator and director of UCSF's Benioff Homelessness and Housing Initiative.

Los Angeles Daily News

By Steve Scauzillo Nov, 11, 2023

There's a misconception that as the pandemic eased, so did food insecurity. Instead it's worse.

"There is an elderly population having trouble with getting access to food. For some children, their one meal a day is at school. We can't have a society like that," said Cinny Kennard, co-chair of the food equity roundtable group

USCDornsife

By Ileana Wachtel Sept 21, 2023 OU CAN

More than 1 million L.A. **County households are** food insecure as of July

A USC Dornsife Public Exchange study finds nearly a third of Angelenos suffer from food insecurity — the highest rates since the COVID-19 pandemic began.

CAL MATTERS Dec 22, 2023

By A.R. Velarde & J. Kuang

Year in review: California poverty rises as aid ends

Several major social safety net expansions ended in 2023. According to the California Poverty Measure, the state's poverty rate increased from about 11% in 2021 to 13% in early 2023. That means about 5 million Californians remain below the poverty line of about \$39,900 a year for a family of four,

FOOD PROGRAM

Many neighbors in our community are one job loss or medical crisis away from food insecurity. Foothill Unity Center leads the fight against hunger and poor nutrition in the San Gabriel Foothills through our food distribution, community kitchen and nutrition education programs.

Includes food for a week for those who have the means to refrigerate and cook food, plus bag lunches and hygiene kits for those experiencing homelessness. Food boxes are delivered to seniors, homebound, and disabled clients who cannot drive. Thanksgiving and Holiday Food Distributions are special events that are added to the food distribution.

We continue to be driven to improve the quality of our food and services. In 2021, after a year and a half of extensive training, our Center was awarded the title of Nutritious Food Pantry by LA Regional Foodbank.





(Including grocery boxes, bread, vegetable & dairy distributions, and bags designed for homeless)

2,661 FOOD BOXES DELIVERED **TO SENIORS & DISABLED**



HEALTH PROGRAM

Access to healthcare, education on ways to manage chronic health diseases, and assistance with navigating the healthcare system. Among the other services we provide are dental and vision screenings, dental procedures, eye exams, glasses, and eye glass vouchers from mobile and on site dental and vision clinics, flu vaccines, glucose/diabetes screenings, blood pressure screenings, nutrition, physical and mental health, and education that includes workshops, classes, exercise groups, and healthy cooking/recipe demonstrations and flyers. We leverage our workforce annually with over 200 work trainees, including nursing students pursuing licenses, and interns in social work and Americorps.



4 3,897

DIABETES AND VITAL HEALTH SCREENINGS, FLU & COVID VACCINES



660 **MENTAL & PHYSICAL HEALTH SERVICES**

(1) 176 VISION SERVICES INCLUDING **EXAMS & EYEGLASSES**

84,000 **HEALTH & NUTRITION EDUCATION** HANDOUTS DISTRIBUTED WITH FOOD

> 28,432 COVID MASKS AND SUPPLIES



CASE MANAGEMENTPROGRAM

The driving strategy and standard of care practice that supports our core programs through assessment, case planning, care coordination, advocacy, resource linkages, and follow up. Individualized client plans allow the case managers to track progress and make adjustments specific to personal situations. Case management provides access to a complete continuum of services, a safety net that improves the odds of success for an individual to move from poverty to economic security.

6,977CASE MANAGEMENT
SERVICES



2,971DIAPER PACKAGES

5,133TRANSPORTATION SERVICES TAXIS, DIAL-A-RIDE, TAP

Crisis case management related services including resource referrals, services for victims of domestic violence, food, health, transportation, housing & job development.

HOUSING & UNHOUSED SUPPORT PROGRAM

Provides increasingly more permanent and temporary placement solutions and services, such as motel vouchers, rental assistance, eviction prevention, and related services to those experiencing urgent emergency and chronic housing needs, navigation, retention, temporary housing, and rapid rehousing.

3,920
HOUSING SERVICES FOR
330 housing insecure families including 80 children,

479 Individuals

\$103,289

VALUE OF HOUSING ASSISTANCE and supports for **63** families (permanent placement, eviction prevention, motel stays)

932

MOBILE SHOWERS OFTEN WITH
FREE HAIRCUTS & CLOTHES

2,728
HYGIENE KITS FOR UNHOUSED



FREE CELL PHONES WITH COVERAGE & CHARGING PORTS

VOLUNTEER PROGRAM

Our integrated services with our core programs would not be possible without our Volunteer Program that includes thousands of dedicated volunteers annually from 3 to 93 years of age to help to support all our programs and special events.

47,575
VOLUNTEER HOURS

47,575VOLUNTEERS, AGE 3 TO 93

\$1,775,499VALUE OR WORK HOURS

A **BIG THANK YOU** TO OUR VOLUNTEERS WE COULD NOT DO THIS WITHOUT YOU!



JOB DEVELOPMENT PROGRAM

Helps to improve the economic lives of individuals with hands on assistance to gain employment for those unemployed and underemployed. The program aims to reduce the barriers to employment, thereby ending the cycle of poverty for the next generation. Annually, we supervise work experience trainees and interns, including at-risk youth, transitional youth, adults and seniors.

1,696
RESUME BUILDING, COACHING,
JOB DEVELOPMENT AND
SEARCH SUPPORT



285

WORK TRAINEES AND INTERNS (including **46** work-experience trainees; **88** certifications for forklift and food handling; **2** public health and **1** dietician interns; **6** AmeriCorps Fellows)

Services include onsite training, academic and vocational counseling, resume assistance, certifications, mentoring, financial literacy workshops, tax preparation, job search and assistance with employment placement.

OUR EVENTS

BACK TO **SCHOOL**

Our Annual Back to school Event helps hundreds of TK through college students of low income families prepare for the upcoming school year, proving them with haircuts, cothes, backpacks, shoe vouchers and essential supplies for the upcoming school year.



Helping Children

PET CLINIC & FOOD BANK

Local pet shelters are overflowing because people struggling to survive cannot afford to feed or take care of their pet's healthcare needs. Our Pet Food Bank helps hundreds of families feed their beloved pets. Our vet clinics with the Pasadena Humane Society are hosted several times a year.





Our annual Mobile Dental Clinic in partnership with the Herman Ostrow School of Dentistry of USC, provides over one hundred pre-registered low-income and under insured children and adults with comprehensive dental treatments, peventative measures and education.





THANKSGIVING & HOLIDAY DISTRIBUTIONS

Our Annual Thanksgiving and Holiday Dostributions help to make the Holiday season brighter for local children and families in need. Families receive huge food boxes with holiday staples for both events, as well as new toys, clothing and gift cards for their children at our holiday event.



1,666

HOLIDAY GIFT BAGS (WITH GIFT CARDS, TOYS & CLOTHING



MORE **EVENTS**

JOB & RESOURCE FAIR

Our Annaul job and Resource Fair helps connect individuals to potential employers. With 20+ vendors looking to hire potential employees, resumebuilding assistance, and a free BBO lunch!



STAMP OUT HUNGER FOOD DRIVE

The NALC's (National Association of Letter Carriers) Stamp Out Hunger Food & Donor Drive is the largest food drive of the year. We coordinte with dozens of local post offices and hundered of volunteers to collect and sort the food donations.



VISION CLINIC

Our annual Vision Clinic in partnership with the Anugraha Drishtidaan organization run by Dr. Alka Kumar, provides over one hundred pre-registered low-income and under insured children and adults with comprehensive eye exams and eye glasses.



CHILI COOK-OFF

Every year the Santa Anita Park hosts a Chili Cook-Off, benefiting Foothill Unity Center. A day of spicy feasting, thoroughbred horse racing, and fun for the whole family! Dozens of contestants offer chili samples and compete for top event prizes and people's choice awards at Santa Anita Park in Arcadia.





THANK YOU TO OUR DONORS, SUPPORTERS, PARTNERS, VOLUNTEERS & STAFF

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Hojung Sung "Sun"

A HEARTFELT THANK YOU TO OUR **DONORS**





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